

JUNE 2017

ACS HIGH SCHOOL LUNCH GRADE 9-12 \$2.25

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

The Romans called June "Iunius" or Junius, but it is unclear whether this was after Juno, goddess of marriage, or whether May and June were named for the old and young: 'maiores' and 'juniores'.

Buffalo Style
Chicken Finger Sub

Shredded Lettuce
& Sliced Tomato
Sauteed Spinach
Rosy Pears
100% Fruit Juice
Fresh Fruit Bowl

Warm Ham & Cheese
on Pretzel Bun
w/ Sunchips

Homemade Chili w/ Beans
100% Fruit Juice
Fresh Fruit Bowl

Chinese Chicken in Sauce
Over Fried Rice

Steamed Broccoli
Pineapple Tidbits
100% Fruit Juice
Fresh Fruit Bowl

Oven Baked Pork Chop
w/ Warm Dinner Roll

Mashed Potato & Gravy
Sweet Baby Peas
Cinnamon Applesauce
100% Fruit Juice
Fresh Fruit Bowl

Pic-a-Pizza

1. Stuffed Crust
2. Mexican
3. Buffalo Chicken

Seasoned Green Beans
100% Fruit Juice
Fresh Fruit Bowl

Breakfast at Lunch

French Toast Sticks
w/ Warm Syrup & Sausage

Hash Brown Potato
Cinnamon Applesauce
100% Fruit Juice
Fresh Fruit Bowl

Breakfast for MS &
HS Students taking
exams will be in the
Multi-Purpose Room
from
7:30- 8:00 A.M

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*Have a Safe
Summer!!!*

GRADUATION



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A LA CARTE

Offered Daily: Cheese Pizza,
Peanut Butter & Jelly, Salad Plate,
Yogurt Plate, Fresh Fruit in Season.

*Milk is available with all
full lunch purchases.

Milk\$.60
Lg. Cookies.....\$1.00
Ice Cream.....\$.75
Chips.....\$.75

*Unless otherwise noted, all
sandwiches are served on whole
wheat bread (when available).

The 2010 Dietary
Guidelines For
Americans recommend
that at least half of
your grains are whole.
For most people, that
translates into at least
48 grams daily.



**USDA is an equal
opportunity employer.**

**After School Snacks
are available every
Monday thru Thursday
in the High School
Cafeteria**

**Salad Bar available
every Tuesday, Wed,
Thursday**